



Date: May 1, 2025

Subject: Dallas Elementary District Local School Wellness Policy Assessment

Dear Parent/Guardian,

At Dallas Elementary District #327, we are committed to providing a healthy and supportive environment for our students. A healthy school environment is crucial for academic success and lifelong wellness.

What is the Local Wellness Policy?

Our district maintains a Local Wellness Policy (Board Policy: 6:50) that guides our efforts in nutrition education, physical activity, school-based wellness activities, and nutrition standards for all foods available at the school.

What is the Triennial Assessment?

According to federal regulations (Healthy, Hunger-Free Kids Act of 2010), schools must assess their wellness policy at least once every three years. This is known as the Triennial Assessment.

We recently completed this assessment to determine our district's progress and compliance. The assessment included:

1. Compliance: How well our schools are complying with the policy.
2. Progress: A review of our progress in achieving our wellness goals.
3. Model Policies: A comparison of our policy to state and national model policies

Key Findings and Results

We are pleased to share that the assessment showed that our policies and plan are holistic. We have focused on providing additional offerings in our school lunch program, including a salad bar for middle school students, and more variety in fresh fruits and vegetables.

Based on the findings, our district plans to update the policy to focus on:

- Enhancing instruction on healthy habits, including mind, body, and food.
- Promote a healthy lifestyle with promotions for students and staff.

#### How to Review the Full Report

The full triennial assessment report and the updated policy can be found on our district website at <https://www.dcbulldogs.com/vnews/display.v/ART/62a2084f60b41>.

#### We Value Your Feedback!

We invite parents, students, and community members to participate in the development, implementation, and periodic review of our school wellness policy. If you are interested in joining our Wellness Committee, please contact Mrs. Tucker at [atucker@dallascity.k12.il.us](mailto:atucker@dallascity.k12.il.us).

Sincerely,



Alissa Tucker, Superintendent